

**Piedmont College
4-year plan**

Program: BS in Sport and Fitness Administration

Program Mission Statement: The sport and fitness administration program seeks to prepare undergraduate students for careers involving the organization, administration, and supervision of sport and fitness programs by providing the theoretical foundations for both business (management, marketing, accounting, and economics) and sport science (health promotion, fitness assessment and prescription, biomechanics, and sport nutrition) through exemplary classroom and laboratory instruction. Furthermore, the program is dedicated to respecting individual diversity, engaging the community through internships and service, and providing the pre-requisite courses for students wishing to pursue an MBA upon graduation.

FIRST YEAR FALL		FIRST YEAR SPRING	
PDMT 1101 Intro to College Life	1	Art, Music or Theater requirement	3
ENGL 1101 Rhetoric and Composition	3	ENGL 1102 Literature and Composition	3
Math 2100 Elementary Statistics	3	HSCS 2202 Care and Prevention	3
BIOL 1101 General Biology 1 (pre-re for 2100)	4	BIOL 2100 Human Anat. & Physiology I	4
HSCS 1110 Introduction to Health Science	3	MCOM 1110 or BUSA 2000	3
HSCS 1101 Emergency Care Techniques	2		
Total Hours			

		Management	3
Total Hours	16	Total Hours	16

THIRD YEAR FALL		THIRD YEAR SPRING	
ANTH 1102, ANTH 2250, EDUC 251.285 reWBTO			